



Mike Pollack photo

“While I have my eyes on the peak,
I want to pay attention to the footsteps
that have taken me there.”

one lucky day of weather all came together and I have this great privilege standing here.”

The obvious goal in climbing may be to reach the top safely, but the professor enjoys the process of learning along the way.

“I’ve found so far in this journey is there are so many lessons. While I have my eyes on the peak, I want to pay attention to the footsteps that have taken me there.”

*“How was it? It was everything.
Every paradox known to exist...
it was hard, easy, awful, amazing,
beautiful, ugly, I hated it, I loved it,
I wanted to stay forever, I desperately
wanted it to end... you get the picture...”*

– T.A. Loeffler

AN INSPIRATION

The things Loeffler has accomplished and the goals she sets inspire young and old. By sharing life experiences and her unique teaching methods, she has given her students something to be proud of.

“I think I provide a role model of someone who goes after her dreams and goals. People want to put me on a pedestal and say ‘I couldn’t do what you do.’ I’m very quick to say there are so many things you do that I cannot. I think we all have our own Denali. We have something in us that’s going to move us forward and takes us to our next level of learning, excitement, and joy. We just need to find it.” She hopes her Everest climb will inspire people in the province to become more physically active.

“I want Everest to benefit more than just me.”

Whether it’s completing university, raising a family or physically climbing a mountain, we all feel the same things when we reach the top of our Denali’s. ▲